

Public Service Announcement

Some Nunavut communities may experience forest fire smoke

Start Date: August 17, 2017 End Date: August 25, 2017

Nunavut, NU 60 sec

The Department of Health is advising residents that smoke resulting from forest fires is approaching some Nunavut communities. Residents are advised to take necessary precautions.

Depending on the level of smoke, some people with heart and lung disease, the elderly and the very young may be more at risk of suffering health effects. If you are affected by the smoke, or if the smoke is heavy, you should stay indoors as much as possible with the doors and windows closed, and air exchangers turned off. If you have to go outside, limit your physical activity.

Watch for symptoms such as wheezing, shortness of breath, tightness in your chest and light headedness. Smoke can also be irritating to your eyes, nose and throat. If you don't feel well and can't manage your symptoms on your own, you should seek medical attention.

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